



# SEPTEMBER 2023 NEWSLETTER HIGHLIGHTS

To request a copy of the Newsletter by mail or e-mail please call (807) 274-2042.

#### **OUR VISION & MISSION/OUR VALUES**

Mino Ayawin - Good Health

#### **INDIGENOUS MIDWIFERY PROGRAM**

Spotlight on Elaine Ross. Information about midwifery through birth, honouring language, cultural and traditions.

#### **IN MEMORIAM**

Memorial page for Josephine Potson Ogimaa bina siwa biik.

#### KIDS IN THE KITCHEN

Hosted by Seine River. Kids learning healthy recipes for their families and the community.

### HIV/AIDS AWARENESS AND TESTING

Summary of what HIV and AIDS facts to understand the disease and the point of screening.

#### **HEAD LICE**

What head lice is, how it is spread and how to take preventative measures.

#### **EMPLOYEE HIGHLIGHTS**

Get to know the people who work for Giishkaandago'lkwe Health Services.

# MENTAL HEALTH & WITHDRAWAL MANAGEMENT SERVICES

Services offered and contact information.

#### **BEHAVIOURAL HEALTH SERVICES**

Full Moon and Women's Sweat Lodge Ceremonies. Ninth Moon of Creation.

#### **CULTURAL CORNER**

Learning the days of the week and months of the year. Colouring pages.

#### **BOOK OF THE MONTH**

Orange Shirt Day: September 30 Phyllis Webstad & the Orange Shirt Society

#### **IMPORTANT DATES & UPCOMING EVENTS**

Events happening in the community this month.

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